

Celebrity World

Botswana's Native Magazine

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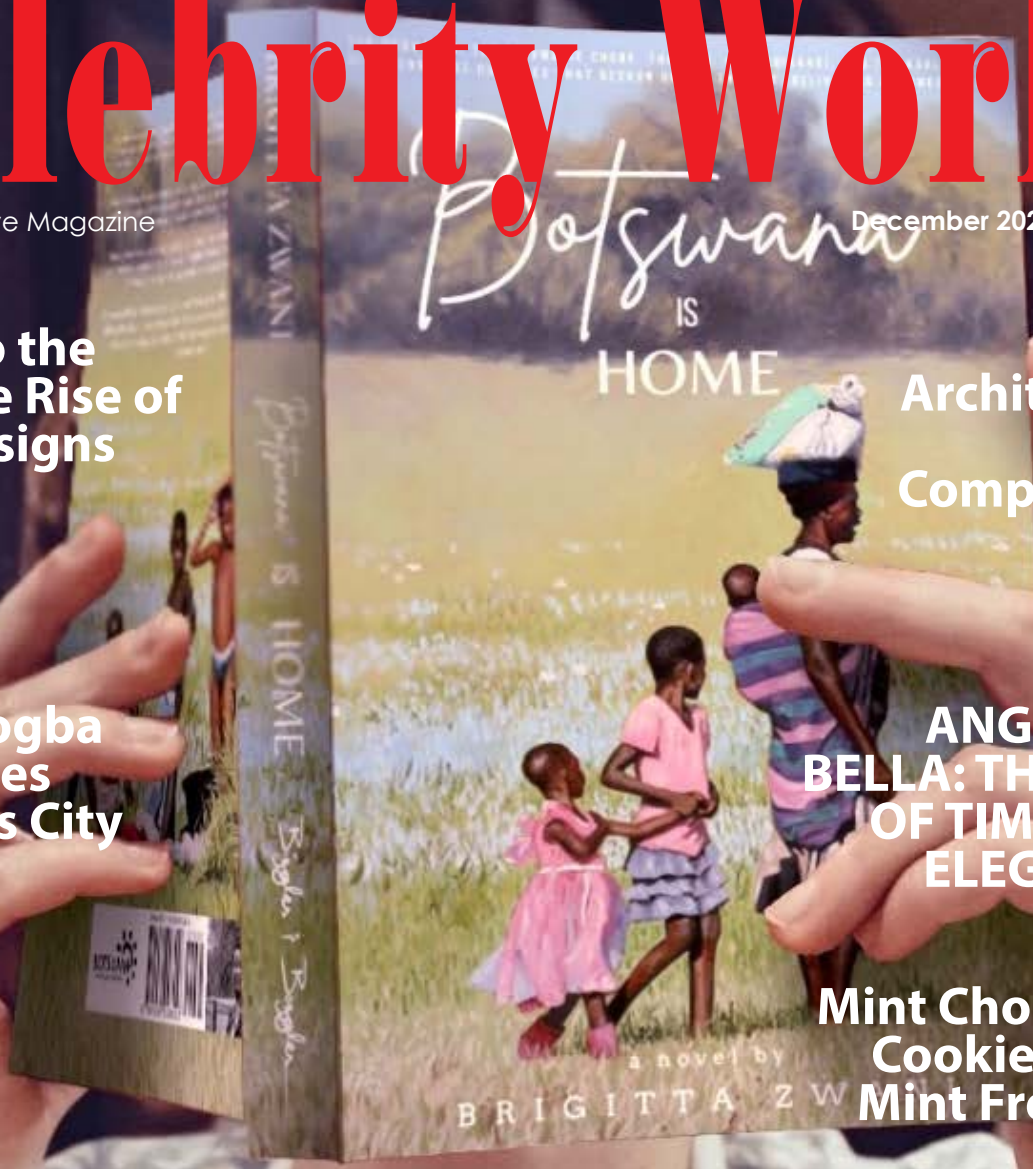
Fashion to the World: The Rise of GaChe Designs

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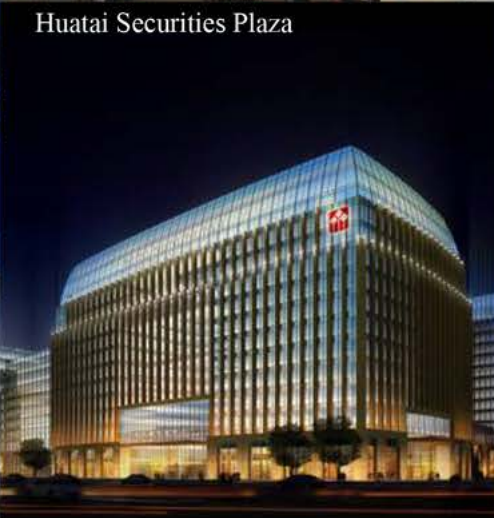
ANGELINA BELLA: THE ART OF TIMELESS ELEGANCE

Mint Chocolate Cookies with Mint Frosting



Brigitta Zwane: Finding Home in Botswana





**CHINA JIANGSU INTERNATIONAL
BOTSWANA (PTY) LTD**

Physical Address: Plot 20635, Block 3, New Broadhurst Industrial, Gaborone, Botswana
Tel: +267 3185296 Fax: +267 3164449
Post Address: P.O.Box 202124, Gaborone
E-mail: cjibots@gmail.com

The A Team

Editor

Takudzwa Joylene Chigura

Writers

Duncan Sebeso

Graphic Designer

Amuchilani Rara

Photographer

Oarabile Seofeleng

Cover Story Credits

Wardrobe: Self

Make up: Self

Hairstyle: Self

Marketing Officer

Harmony Tshuma

Manager

Kudzani Nametso Mudala



Founder & CEO

Didarul Islam Bhuiyan (Babu)



Contact us

@HEAD OFFICE:

Plot 14385 First floor of double storey building, New Lobatse Road
Gaborone West Industrial
Cell: 77606907
Tell: 3937886
Email:celebrityworldbw@gmail.com

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"A Season of Reflection, Gratitude & New Beginnings"

As we turn the final pages of yet another year, I find myself filled with a deep sense of gratitude, for the stories we've told, the voices we've amplified, and the hearts we've touched along the way. December is always a special month, a time to pause, to breathe, and to look back at how far we've come.

This year has been one of creativity, resilience, and community. We've celebrated dreamers, doers, and those who dared to redefine what's possible. Each feature, photograph, and conversation we've shared has reminded us that behind every success is a story of faith, effort, and courage.

As the festive season wraps us in its warmth, may we carry forward the lessons of the year, kindness, hope, and the strength to begin again. Whether you're celebrating surrounded by loved ones or taking quiet moments for yourself, may this season remind you that you are part of something beautiful, a world that continues to inspire, evolve, and connect.

From all of us at Celebrity World Magazine, thank you for being part of our journey. Here's to love, laughter, and new beginnings in the year ahead. With love and light

Takudzwa Joylene Chigura
Editor-in-Chief



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Celebrity World *List*

FILM, TV, BOOKS & MUSIC

Stay inside or head outdoors, we've got plenty to keep you entertained



Avatar: Fire and Ash

an upcoming American epic science fiction film directed by James Cameron, who co-wrote the screenplay with Rick Jaffa and Amanda Silver from a story the trio wrote with Josh Friedman and Shane Salerno. Distributed by 20th Century Studios and produced by Lightstorm Entertainment, it is the sequel to *Avatar: The Way of Water* (2022) and the third installment in the *Avatar* film series. Cast members Sam Worthington, Zoe Saldaña, Sigourney Weaver, Stephen Lang, and Kate Winslet reprise their roles from previous films.

Release date: December 19, 2025

Director: James Cameron



Greenland 2: Migration

an upcoming American post-apocalyptic survival disaster thriller film directed by Ric Roman Waugh and written by Chris Sparling and Mitchell LaFortune. The sequel to *Greenland* (2020), the film stars Gerard Butler and Morena Baccarin reprising their roles, alongside Roman Griffin Davis (who replaces Roger Dale Floyd), Amber Rose Revah, Gordon Alexander, Peter Polycarpou, William Abadie, and Tommie Earl Jenkins.

The film is scheduled to be released in the United States on January 9, 2026 by Lionsgate.

Release date: January 9, 2026

Director: Ric Roman Waugh



The SpongeBob Movie: Search for SquarePants

a 2025 American animated adventure comedy film based on the *SpongeBob SquarePants* television series, created by Stephen Hillenburg. The film is directed by series veteran Derek Drymon and stars the show's regular voice cast alongside George Lopez, Ice Spice, Arturo Castro, Sherry Cola, Regina Hall, and Mark Hamill. The plot follows SpongeBob as he travels to the depths of the ocean to face off against the Flying Dutchman. It is the fourth theatrical film based on the series, following 2020's *Sponge on the Run*.

Release date: December 19, 2025

Director: Derek Drymon



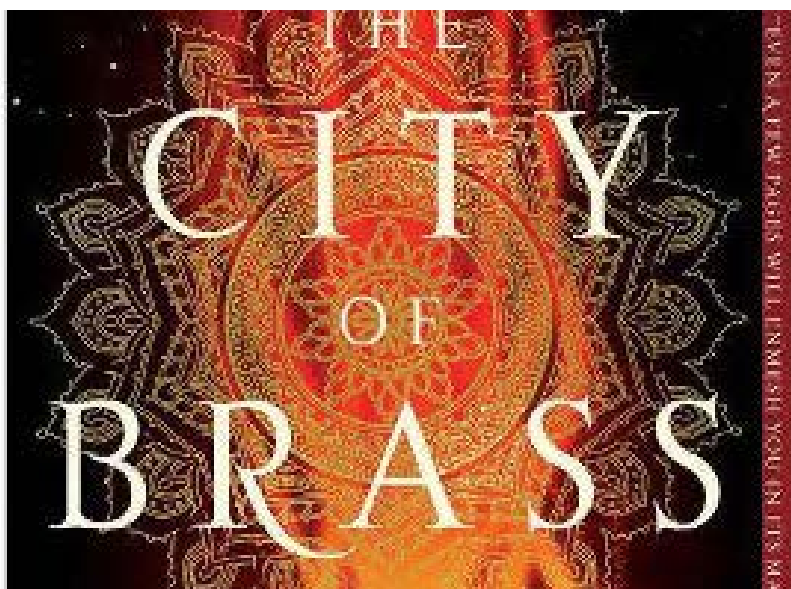
Anaconda

an upcoming American action comedy horror film serving as a meta-reboot and the sixth installment overall in the *Anaconda* film series, following the television crossover film *Lake Placid vs. Anaconda* (2015), and the first theatrical feature film since *Anacondas: The Hunt for the Blood Orchid* (2004). Directed by Tom Gormican, and written by Gormican and Kevin Etten, the film stars Paul Rudd, Jack Black, Steve Zahn, Thandiwe Newton, Daniela Melchior, and Selton Mello. The plot concerns a group of friends who attempt to remake the 1997 film in the Amazon Rainforest, only to be hunted by a giant and real anaconda.

Release date: December 25, 2025

Director: Tom Gormican

What To Read



The City of Brass

(2017) is a fantasy novel by S. A. Chakrabarty, inspired by Middle Eastern mythology and Islamic folklore. The story centers on Nahri, a clever con artist living in 18th-century Cairo, who accidentally summons Dara, a mysterious djinn warrior. This unexpected event draws her into a hidden world of magic, politics, and ancient rivalries, leading her to Daevabad, the legendary City of Brass. Rich in world-building, myth, and cultural depth, Chakrabarty's novel explores themes of identity, power, and belonging within a vividly imagined magical realm.



Fashion to the World: The Rise of GaChe Designs

by Gaone Chebani

At just 16 years old, Gaone Chebani was already expressing her creativity through fashion, cutting and reshaping t-shirts to her own taste, determined to stand out. What began as a youthful experiment quickly evolved into a deep passion for fabrics and design, giving birth to what we now know as GaChe Designs.

“GaChe Designs is all about turning heads,” Gaone says confidently. “When one steps into a room rocking a GaChe garment, they leave an impression.” True to her words, her brand has become a symbol of individuality and boldness, capturing attention with every stitch.

Earlier this year, Gaone had the opportunity to showcase her work at the KAMA Fashion Show 2025, a local modeling event that opened doors to bigger stages. There, she met a representative from Fashion Without Borders Botswana, a moment that marked the start of a new chapter for her growing brand.

When Fashion Without Borders came around, Gaone took it as both a personal and professional mission. “My role was to prove to every individual out there who dreams of being a designer that it’s possible, only if they believe in themselves,” she shares. “It showed me that my journey is just getting started, and for that, I must stand tall!”

The exposure proved transformative. Since the showcase, GaChe Designs has been flooded with orders, a clear sign that the brand’s hard work and unique style have not gone unnoticed. “It’s been nonstop orders ever since. GaChe Designs is finally getting the recognition it deserves,” Gaone says with pride.

For her, walking the same runway as some of Africa’s best designers was nothing short of magical. “It was breathtaking, a dream come true. I’ve always looked forward to such opportunities to gain inspiration from other designers and grow.”



Despite it being her first time at Fashion Without Borders, Gaone stepped onto the stage with confidence and purpose. Her collection, a fusion of African prints and denim street style, stood out for its originality and cultural pride. "It was to prove to the world that you can still stand out rocking anything African with pride," she explains.

She strongly believes that platforms like Fashion Without Borders are vital for up-and-coming designers. "They give us a chance to be heard and seen through our garments. Our work gets to be published across the African continent, and that kind of exposure is priceless."

Looking ahead, Gaone is optimistic and full of ambition. "After such huge recognition through Fashion Without Borders, GaChe Designs is looking forward to more such opportunities," she says. "I'd love to collaborate with local designers who share the same vision and passion, Botswana really has talent. So why not? Fashion to the world!" From a young girl with scissors and a dream to a designer making waves across Africa, Gaone Chebani and GaChe Designs embody creativity, courage, and the spirit of African excellence.



Brigitta Zwanie: Finding Home in Botswana

When you open *Botswana is Home*, the latest novel by celebrated author Brigitta Zwanie, you're not just reading a story, you're taking a journey through Botswana's soul. From the vast Kalahari to the tranquil Okavango, Brigitta's new book captures the country's beauty, warmth, and resilience through the intertwined lives of four remarkable women. Fresh from announcing her book's preorder, Brigitta sat down with us to share the heart and inspiration behind her newest work.

A Love Letter to Botswana

"What inspired the book is the love of Botswana, to be honest," Brigitta says with a smile. "I spent time traveling our beautiful country, experiencing local cultures, and so

the story flowed."

Her deep affection for the nation is felt on every page. The book encourages readers to explore Botswana's hidden gems, embrace its simplicity, and celebrate its people. "I want readers to love Botswana, to visit different nooks and crannies, to try new things, and to appreciate who we are," she adds.

What Home Means

The title *Botswana is Home* carries a message that resonates deeply with Brigitta. For her, "home" is not just a place, it's a feeling. "It's the simple things," she reflects. "Visiting the moraka, masimo, and playing batho safe mo strateng. Enjoying a beautiful sunset, the smell of fresh rain on parched land, laughing

with old folk, trekking through the pans or the Kalahari. Botswana is a gem, and it truly is home."

Bringing the Story to Life

The novel, which took longer than expected to complete, follows four dynamic women, three of whom readers may remember from Brigitta's previous works, as their lives intersect in a narrative rich with emotion, discovery, and identity. "It's a continuation of the stories from *The Shrink*, *Hope*, and *Kasane*, woven into one with a new character passionate about cultural tourism," Brigitta explains.

The writing process was not without its hurdles. "At times, it's plot holes. At times, it's writer's block. And sometimes, it's having your editor tell you things you don't want to hear, like removing a chapter," she laughs.

Celebrating Culture and Creativity

Beyond the storytelling, Botswana is Home also celebrates local art and creativity. The cover features artwork by Roger Brown, an artist based in Maun, whose painting of Seronga was selected through a competition run with Canon Botswana. "We wanted something that truly captured the essence of Botswana," Brigitta notes.

Her travels also led to fascinating encounters that shaped parts of the book. "I loved visiting the folks who distill Okavango Gin," she recalls. "They hosted me at their distillery near the Okavango and shared their process of making their award-winning gin. Their story made it into the book."

Other inspirations include Ferelith Moltke, founder of Beabond, which creates jewelry from Botswana's diamonds while supporting wildlife conservation, and Mr. Lempheditse Odumetse (MC), Managing Director of Chobe Holdings, whose wisdom and passion for the country left a lasting impression on Brigitta during a night under the stars in the Kalahari.

The Heart of the Story

At its core, *Botswana is Home* is about belonging, about finding one's place in a rapidly changing world. "It's just my take on how I view Botswana," Brigitta says. "There are so many versions I could write, and maybe I will eventually. This particular story came from my readers, who wanted a continuation of the earlier books, and so I conceded."

The novel weaves together stories of four women, Tori, Andi, Khavu, and Thembi, each navigating life's crossroads. From economic struggles in Kasane's tourism industry to rediscovering identity after exile, the characters reflect real struggles and triumphs familiar to many Batswana.



A Journey Shared

With the preorder window now open, Brigitta admits the anticipation is nerve-racking. "I hope people enjoy the story," she says sincerely. She plans to launch the book in Maun, though details are still in the works.

"Once I have a clear vision, I'll share it on my socials," she teases.

As for what comes next, the author is taking a well-deserved break. "I'd like to travel more and read more," she says. "Right now, I'm focusing on my NGO, which promotes cultural heritage. Maybe in the future, I'll get bitten by the writing bug again."

A Celebration of Identity

Botswana is Home is more than a novel, it's a celebration of identity, culture, and pride. Through vivid storytelling and heartfelt reflections, Brigitta Zwanzi reminds readers that "home" is not just where we live, but where we truly belong.

And as Brigitta herself says, perhaps best of all:

"The title sums it up, Botswana is Home."



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Industrial Site Plot 11271 Unit 4

Phone: 2600 700

Fax: 2600 400

SHAKAWE:

Plot 3181

Phone: +267 6872025

Fax: +267 6872075

FRANCISTOWN:

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Fax: 2412626

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Somerset Industrial Plot 49655

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Fax: 2408 544

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Fax: 4920 457

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Bosele ward Plot 4&9

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Fax: 6511 901

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Wiki Challenge African Schools Award Ceremony 2025: Empowering African Students Through Knowledge Sharing

Botswana shone brightly at the Wiki Challenge African Schools Award Ceremony 2025, held under the inspiring theme "Empowering African Students Through Knowledge Sharing." The event celebrated outstanding young learners who showcased creativity, innovation, and storytelling excellence by contributing original articles to Wikidias, a global encyclopedia for children. This year's ceremony also recognized schools equipped with Orange Foundation's digital kits, honoring their dedication to nurturing digital literacy, collaboration, and knowledge-sharing among learners.

Speaking at the event, Assistant Minister of Child Welfare and Basic Education, Justin

Hunyepa, praised the participants and emphasised the vital role teachers play in shaping such success. "Students may showcase their expertise, but teachers are the cornerstone of this achievement. There must be prizes for teachers too, because they are the reason behind this excellence," he said.

He further applauded the Orange Foundation for its continued support in expanding access to technology and learning. He noted that the initiative aligns with Botswana's national priorities, saying it nurtures critical thinkers and problem solvers who will help drive the country toward the aspirations of Vision 2036. Hunyepa urged citizens

and educators to ensure that learners use technology productively and responsibly.

This year's challenge opened doors for primary school learners, giving them a unique platform to share stories rooted in their communities, culture, and lived experiences.

Among the local Wiki Challenge winners were:

- Letsebe Primary School – BWP 38,777.50
- Siga Primary School – BWP 38,777.50
- Mafitlhakgosi Primary School – BWP 38,777.50



A special highlight came from Mogopane Primary School, whose learners won the international award, walking away with an impressive BWP 82,900.00. In an interview, the students explained that their article, "Motshelo," was inspired by the culturally rooted concept of sharing among communities. They shared that Motshelo happens everywhere in Botswana, even in their own classroom where they contribute 1 pula each.

They described the experience as "the best in the world," noting that every team member was proud and confident in their contribution. Their message to fellow learners was simple but powerful: "Keep pushing. School is the best thing in the whole world, it means a lot."

The 2025 Wiki Challenge African Schools Ceremony not only celebrated achievement, it reinforced the power of storytelling, technology, and collaboration in shaping Botswana's future leaders.



Inside the Mind of George Hookss

— The Story Behind the Upcoming Album

When George Hookss steps into the booth, something electric happens. The beat drops, the mood shifts, and suddenly you're not just listening, you're feeling his truth. With his signature blend of smooth R&B and raw trap energy, George isn't just making music, he's painting emotions, turning life's highs and heartbreaks into rhythm and rhyme.

But who is the man behind the mic? "I'm terrible at lying, so I usually try to shoot the truth out first," he laughs. "My music is the true nature of my truth. I write about things I know, and to be honest, I'm as simple as they come, a kid from a small town with ambitious dreams." That simplicity is part of what makes his sound so magnetic, it's real, it's relatable, and it hits deep.

For George, music wasn't a sudden decision. It grew naturally, like a second language. "I've always tried remaking songs I've heard until I started writing my own. It just felt right," he says. And that instinct has carried him into a sound that defies easy classification, equal parts heart and hustle.

"I liked a few aspects from different genres, so why not put all the good stuff on a plate and serve it?" he grins. Whether he's gliding over soulful chords or spitting over heavy bass, George knows how to balance the soft with the savage. "I can be hot and cold all in one day," he admits. "Aggressive with some things, soft with others, that's why I fuse my sound that way."



Every lyric he writes comes from experience, friendships, love, heartbreak, and life in Gaborone. "My experiences live rent-free in my head," he jokes. "There's no better inspiration than your own life."

His upcoming project, *Incase You Didn't Know*, digs even deeper. "When you date someone, you first get to know their baggage, well, this is my baggage," he says with a knowing smile. "I'm talking about my relationship experiences, my interactions with people, all the stuff that shaped me."

The album wasn't planned; it was sparked by a single studio session. "After recording the first song, I can't even remember which one, me and my producer played it back and said, 'Let's make a full project.'" From that moment, *Incase You Didn't Know* began to take form, piece by piece, emotion by emotion.

Of course, the creative process isn't always glamorous. "It's frustrating most of the time," George admits. "Our industry is still growing, and as an establishing artist, you have to accept that you won't always be rewarded for your work." Still, he finds satisfaction in the craft itself. "Being able to make better songs, to articulate my emotions better, that's the real reward."

Fans can expect a few surprises on the album, including a collaboration with King Prince on "Anti Rizz." But mostly, it's George at his most authentic. "I don't chase collaborations," he says. "If it feels right, it happens."

When asked which track hits hardest, George pauses. "Between 'Bank on Me' and 'In Public.' I was a little too real on those ones," he laughs. Still, every song carries a piece of him, every beat a heartbeat, every lyric a memory.

If he had to describe the album in one word? "Justified," he says without hesitation. "Everything I talk about here, the wait, the emotions, the choices, it's all justified."

The journey taught him patience and self-acceptance. "As a sound engineer, I'm used to big productions, but this album taught me to let things take their course," he reflects. And while the pressure of expectations looms large, George remains grounded. "I'm socially awkward," he admits with a smile. "So it's hard for people to influence my authenticity. I'm emotionally mature enough to deal, or not deal, with it."

At its heart, *Incase You Didn't Know* is an album about truth, messy, emotional, beautiful truth. "I just hope people enjoy it as much as I do," George says. "If they take something from my stories, that's a bonus."

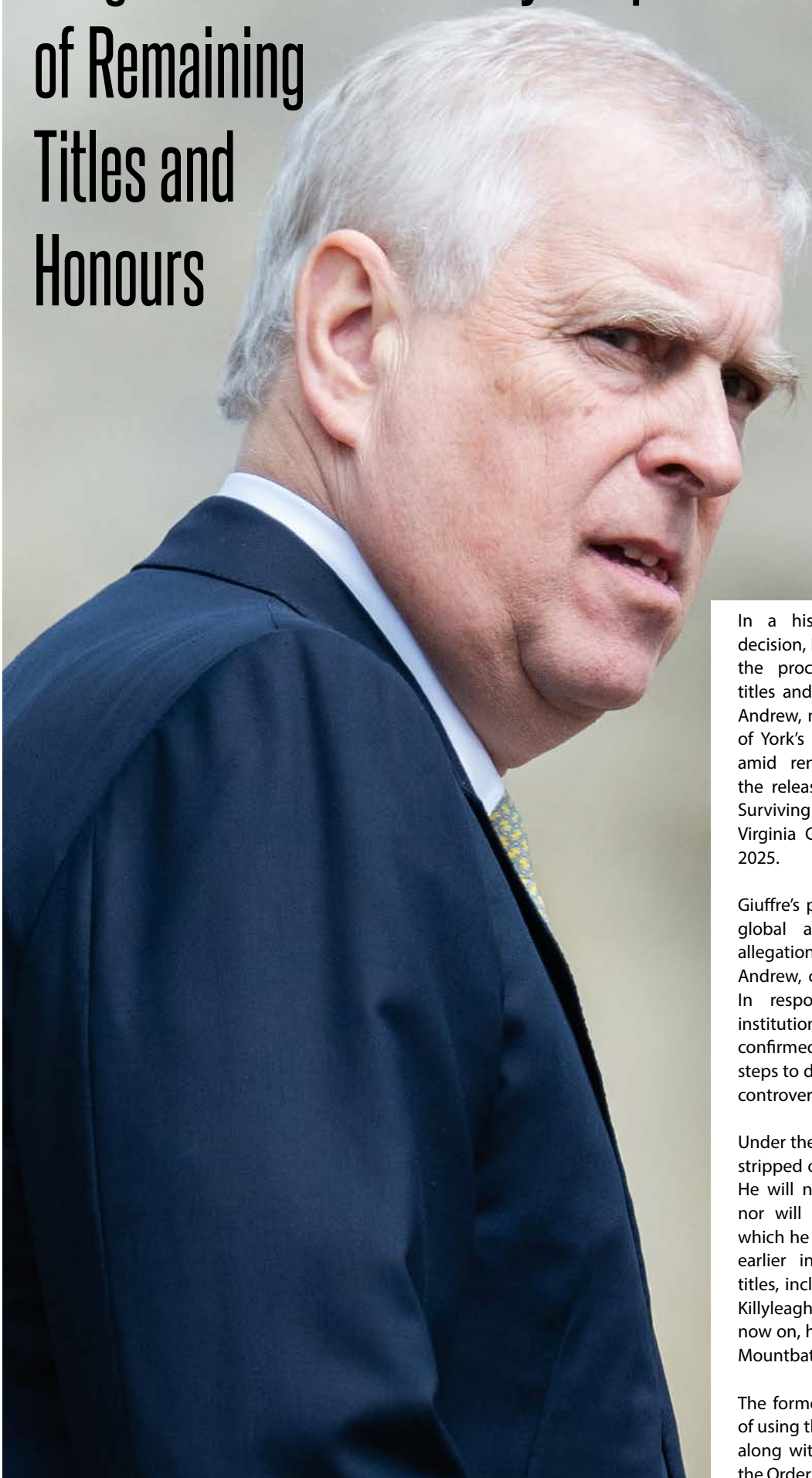
And when that first track finally drops?



George isn't chasing validation, he's already sure of who he is. "I'll wait and let them decide," he says confidently. "My music is unique, and I'm already the best R&B artist playing locally with an international sound. I'm not proving a thing. Just putting out great songs."

With *Incase You Didn't Know*, George Hookss doesn't just tell his story, he owns it. Raw, fearless, and undeniably honest, this album marks a new era for Botswana's rising star. And if this project is anything to go by, George Hookss isn't just making music, he's making history.

King Charles III Officially Strips Prince Andrew of Remaining Titles and Honours




In a historic and unprecedented royal decision, King Charles III has formally begun the process of removing all remaining titles and honours from his brother, Prince Andrew, marking the final step in the Duke of York's fall from grace. The move comes amid renewed public outrage following the release of *Nobody's Girl: A Memoir of Surviving Abuse and Fighting for Justice* by Virginia Giuffre, published on October 21, 2025.

Giuffre's posthumous memoir has reignited global attention on the long-standing allegations of sexual abuse against Andrew, claims he has consistently denied. In response to mounting public and institutional pressure, Buckingham Palace confirmed that the King has taken decisive steps to distance the monarchy from further controversy.

Under the King's directive, Andrew has been stripped of all remaining royal designations. He will no longer hold the title of Prince, nor will he retain his Dukedom of York, which he had already agreed to cease using earlier in October. Additional hereditary titles, including Earl of Inverness and Baron Killyleagh, have also been revoked. From now on, he will be known simply as Andrew Mountbatten-Windsor.

The former royal has also lost the privilege of using the "His Royal Highness" (HRH) style, along with his prestigious memberships in the Order of the Garter and as a Knight Grand



Cross of the Victorian Order. These honours, among the highest within the royal establishment, symbolize loyalty and service to the Crown, qualities the Palace statement suggested must align with "the integrity and values of the institution."

In addition to these removals, Andrew has been formally served notice to vacate his long-held residence at Royal Lodge in Windsor, a 30-room estate he has occupied for decades. He is expected to relocate to private accommodation within the Sandringham Estate.

While maintaining his innocence, Andrew now faces the final and most visible consequence of the scandal that has shadowed him for years. The Palace, while refraining from detailed comment, expressed "sympathy for victims of abuse" and reaffirmed King Charles's "commitment to upholding the dignity and moral standing of the monarchy."

The decision underscores the King's intent to modernize and protect the royal family's image, drawing a firm line between the Crown and those whose conduct threatens its reputation.

For many observers, this marks the end of an era, and perhaps a turning point for a monarchy striving to redefine accountability in the modern age.



Architecture Design Competition

Gaborone — Stanbic Bank Botswana continues to lead the way in driving sustainable innovation and community empowerment, as it recently announced the winners of its Sustainable Architecture Design Competition on October 28, 2025. The initiative, launched earlier this year, sought to inspire Botswana's architectural community to reimagine "Legae", the Setswana word for home, by designing eco-friendly, community-centred, and affordable housing solutions suited to the local environment.

The announcement ceremony, held at the Bank's Executive Wing in Gaborone, brought together representatives from the architectural fraternity, academia, and the media to celebrate creativity and forward-thinking design.

At the heart of the celebration was Gofaone Idah Mothoogare, founder and principal architect of IDA Architects, who emerged as the overall winner. Her design was commended for its innovative blend of sustainability, cultural relevance, and social inclusivity. The concept impressed judges for integrating natural energy solutions, community functionality, and materials suited to Botswana's climate, offering a blueprint for the country's next chapter of modern, responsible living.

Speaking at the event, Stanbic Bank Botswana Chief Executive, Chose Modise, reaffirmed the Bank's commitment to sustainable growth and inclusivity.

"Through the Sustainable Architecture Design Competition, in partnership with

the Architects Registration Council (ARC) and the Botswana Green Building Council (Bot GBC), we sought to merge imagination with impact, to show that banking can play a role in shaping the spaces where people grow and thrive," said Modise. "The winning designs reflect our collective aspiration for a sustainable and proud Batswana future."

The winning concepts will inform Stanbic Bank's upcoming housing initiative, which aims to promote affordable, inclusive, and environmentally sustainable home ownership. The pre-designed units, available in 1-, 2-, and 3-bedroom configurations, were conceptualized to demonstrate how green building principles can be applied to achieve accessible housing for all.

Beyond architecture, this initiative

underscores Stanbic Bank Botswana's broader sustainability strategy, built around the three pillars of Society, Economy, and Environment (SEE). The Bank's purpose statement, "Botswana is our home, we drive its growth," reflects its belief that access to dignified housing is a basic human right, one that must be achieved responsibly and sustainably.

By embedding sustainability principles into housing development, Stanbic Bank Botswana is setting a precedent for the local financial sector's role in leveraging finance for sustainable development. This collaboration with ARC and Bot GBC demonstrates how partnerships, in line with Sustainable Development Goal 17 ("Partnerships for the Goals"), can unlock value and create long-term impact for communities.

As the winning designs prepare to be showcased across Stanbic Bank's digital platforms and housing projects, the initiative stands as a shining example of how creativity, sustainability, and collaboration can reshape the future of living in Botswana.

"Our vision is to create spaces that are not only affordable and accessible but also sustainable, reflecting the essence of who we are as Botswana," concluded Modise.

With this initiative, Stanbic Bank Botswana reaffirms its leadership in empowering local talent, fostering innovation, and driving inclusive growth, proving that when sustainability meets design, the results are truly transformative.





Tebo Bakwena Kabisoso on Fashion Without Borders: 11 Years of African Creativity and Global Impact

Fashion Without Borders (FWB) Botswana celebrated a monumental milestone in October 2025, marking its 11th Annual Edition at The Grand Palm Hotel in Gaborone. Co-founder Tebo Bakwena Kabisoso reflected on the journey, noting that what began over a decade ago as a simple runway showcase has grown into a dynamic ecosystem fostering mentorship, innovation, and African creativity. For Kabisoso, reaching this milestone symbolizes resilience, vision, and a steadfast belief that African fashion deserves a permanent place on the global stage. The celebration highlighted not only the growth and consistency of FWB but also its lasting impact on designers, models, partners, and audiences who have been part of the journey.

The 2025 edition stood out for its evolution beyond traditional fashion shows. It became a comprehensive platform encompassing masterclasses, youth mentorship, business incubation, trade exchange, and international collaboration. While maintaining global standards of execution, the event remained deeply rooted in African culture, giving voice to industry leaders, nurturing emerging creatives, and opening conversations about the future of fashion. FWB's hands-on mentorship programs extended opportunities to young designers, children, differently-abled youth, and Pan-African partnerships, ensuring inclusivity and exposure for all.

Botswana's creative economy has benefited

immensely from platforms like FWB, which stimulate tourism, retail, manufacturing, media, and cultural diplomacy. Looking ahead, the proposed fashion production factory in Botswana promises to transform the local industry by enabling designers to produce locally, reducing dependence on foreign factories, lowering costs, and creating employment across manufacturing, logistics, and retail.

Partnerships have been central to FWB's growth, notably its collaboration with Mr Price, which has supported 25 emerging designers in launching commercial collections, securing retail partnerships, and representing Botswana internationally. Alumni such as Victor Motlokwa, Sino

Ragontse, and Caiphaz Othomile exemplify how mentorship prepares creatives for global stages, offering practical skills in supply chain management, product development, sustainability, and brand strategy.

Inclusivity remains a cornerstone of FWB. Diverse casting, open platforms for designers of all backgrounds, and mentorship opportunities ensure representation and empowerment. Aspiring designers are encouraged to begin where they are, seek guidance, volunteer, and collaborate, with FWB acting as a bridge to international exposure. Each edition underscores Africa's position as a world-class force in fashion, rich in innovation and cultural storytelling.

Looking to the future, Tebo Bakwena Kabisoso and the FWB team aim to expand across Africa, strengthen talent pipelines, build global partnerships, and foster fashion-led economic ecosystems. Botswana is poised to become a regional hub for sustainable manufacturing, design innovation, and youth empowerment. Through mentorship, access, and celebration, FWB is creating a lasting legacy, an empowered generation of African creatives with strong cultural identity, sustainable careers, and global opportunities. African fashion is not simply the future; it is the present, and under Kabisoso's leadership, FWB is ensuring it thrives.



Discover the Magic of the Okavango Delta This Festive Season



As the festive season approaches, there's no better time to trade the hustle and bustle of city life for the soothing sounds of nature. If you're looking for a destination that blends adventure, peace, and pure beauty, the Okavango Delta is the perfect getaway.

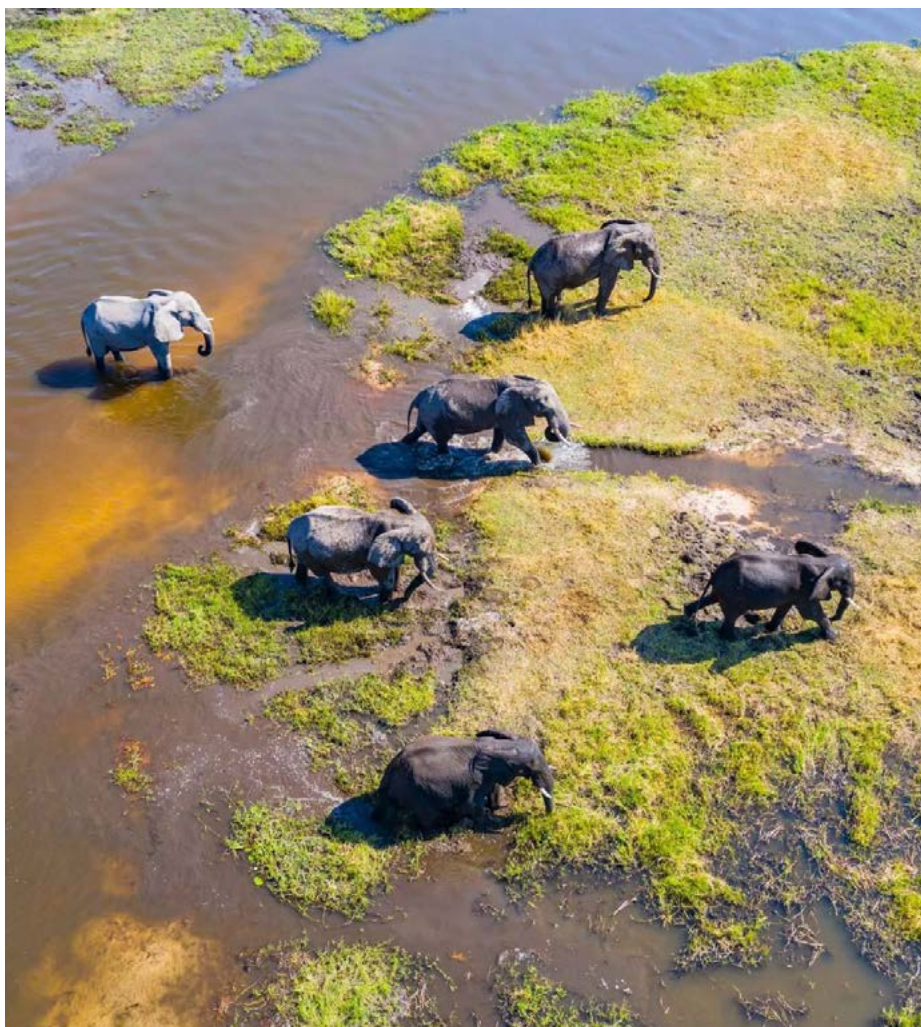
Nestled in the heart of Botswana, the Okavango Delta is one of the world's most remarkable natural wonders, a UNESCO World Heritage Site that comes alive with wildlife, vibrant birdlife, and breathtaking sunsets. During the festive season, the Delta transforms into a lush paradise, offering a perfect escape for travelers seeking both relaxation and exploration.

Why Visit During the Festive Season

December marks the start of the summer rains, and the Delta bursts into life with flourishing vegetation and refreshed landscapes. It's also calving season for many animals, which means you're more likely to witness adorable baby elephants, antelopes, and zebras exploring their surroundings. The festive atmosphere isn't just about Christmas lights, it's about nature glowing in its purest form.

What to Do

Whether you're a thrill-seeker or a peace-lover, the Okavango Delta has something for everyone. Glide silently through the waterways on a traditional mokoro (dugout





canoe) as you spot hippos and crocodiles, or take a guided walking safari for an up-close encounter with Botswana's iconic wildlife. For those who love photography, the golden sunsets over the Delta's floodplains make for unforgettable memories.

Luxury lodges and eco-camps scattered across the region offer festive specials, complete with candlelit dinners under the stars, bush Christmas feasts, and sunset boat cruises. Imagine celebrating the holidays surrounded by nature, where your "Christmas lights" are the fireflies and stars above.

Travel Tips

Best Time to Visit: December to February for lush green scenery and wildlife births.

Getting There: The Delta is accessible via Maun Airport, with light aircraft transfers to lodges and camps.

What to Pack: Light clothing, sunscreen, a hat, binoculars, and a camera for those picture-perfect moments.

A Festive Escape Like No Other

In a world that moves fast, the Okavango Delta reminds us to slow down and reconnect, with nature, with loved ones, and with ourselves. This festive season, let the rhythm of the Delta be your holiday soundtrack, and create memories that will outshine any Christmas decoration.



CELEBRATING THE RHYTHM OF AFRICA, A JOURNEY THROUGH ARTS AND CULTURE





Africa's heartbeat resonates in its arts and culture, a vibrant tapestry woven from centuries of tradition, storytelling, and creativity. From the bustling streets of Accra to the serene plains of Botswana, African culture thrives in the music, dance, visual arts, and rituals that define communities and connect generations.

One cannot speak of African culture without mentioning its rich musical heritage. Instruments like the djembe, kora, and mbira carry not just melodies but the history and emotions of entire societies. Music in Africa is rarely just entertainment; it is a vehicle for storytelling, marking rites of passage, celebrating harvests, and preserving ancestral wisdom. In West Africa, griots, traditional storytellers and musicians, pass down oral histories, ensuring that the legacy of their people is never forgotten.

Dance is another powerful form of expression. Every movement tells a story, from the energetic gumboot dances of South Africa that evolved as a form of resistance, to the hypnotic trance-inducing dances of the Dogon people in Mali. Dance is communal, a celebration that transcends age and gender, uniting participants in shared rhythm and meaning.

Visual arts, too, speak volumes. The intricate beadwork of the Maasai, the bold geometric patterns of Ndebele homes,

and the symbolic masks of the Yoruba all demonstrate how creativity intersects with identity. These works are not just decorative; they serve spiritual, social, and political purposes, reminding communities of their heritage and values.

Modern African artists continue to reinterpret tradition, blending it with contemporary styles to make bold statements on identity, politics, and social change. From fashion designers incorporating tribal prints into

high couture to filmmakers bringing African myths to the silver screen, the continent is witnessing a cultural renaissance that honors its past while embracing the global stage.

Art in Africa is more than an aesthetic pursuit; it is a living dialogue. It connects the old with the new, the local with the global, and the individual with the collective. Through arts and culture, Africa tells its story, complex, dynamic, and profoundly inspiring.





14 Most Clever Gardening Tips and Ideas

Gardening is more than just a hobby; it's a way to connect with nature, reduce stress, and cultivate your own piece of paradise. Whether you're a seasoned gardener or just starting out, these 14 clever gardening tips and ideas will help you make the most of your green space. From creative planting techniques to eco-friendly solutions, let's explore how you can elevate your gardening game.

- 1. Vertical Gardening:** If you have limited space, vertical gardening can be a game-changer. Utilize wall-mounted planters, trellises, or even old pallets to grow your favourite herbs, flowers, or vegetables vertically.
- 2. Companion Planting:** Maximize your garden's potential by planting companion crops that benefit each other. For example, planting marigolds alongside tomatoes can deter pests and improve tomato growth.
- 3. DIY Rain Barrels:** Save money and water by creating your own rain barrel system. Collecting rainwater is an eco-friendly way to keep your garden hydrated during dry spells.
- 4. Epsom Salt for Healthier Plants:** Sprinkle a bit of Epsom salt around your plants to boost magnesium levels, which can enhance their overall health and vibrancy.
- 5. Strategic Mulching:** Mulch serves as a protective blanket for your garden. Use it to control weeds, regulate soil temperature, and retain moisture. Organic materials like straw or compost work wonders.
- 6. Upcycled Garden Art:** Get creative by repurposing old items into garden art. An old bicycle wheel can become a unique trellis, and mismatched teacups can adorn your garden as charming planters.
- 7. DIY Drip Irrigation:** Create a custom drip irrigation system using inexpensive materials like PVC pipes and hoses. This ensures your plants receive a consistent and efficient water supply.
- 8. Natural Pest Control:** Attract beneficial insects like ladybugs and lacewings to your garden by planting flowers they love, such as daisies and sunflowers.

They'll help keep pesky aphids and caterpillars in check.

9. **Raised Garden Beds:** Raised beds offer better drainage, improved soil quality, and easier maintenance. Plus, they can be aesthetically pleasing additions to your garden.
10. **Crop Rotation:** Prevent soil depletion and disease build up by practicing crop rotation. Change the location of your crops each season to maintain soil health.
11. **Herb Spiral Gardens:** Create a visually appealing herb spiral garden that not only looks beautiful but also optimizes growing conditions for a variety of herbs.
12. **Homemade Organic Fertilizers:** Make your own fertilizers from kitchen scraps like eggshells, banana peels, and coffee grounds. These natural fertilizers provide essential nutrients to your plants.
13. **Indoor Gardening:** Don't let limited outdoor space stop you from gardening. Indoor gardens, whether with potted plants, herbs, or small vegetables, can thrive with proper care and attention.
14. **Smart Gardening Apps:** Take advantage of technology with gardening apps that provide planting calendars, weather alerts, and maintenance reminders, ensuring your garden stays in top shape.

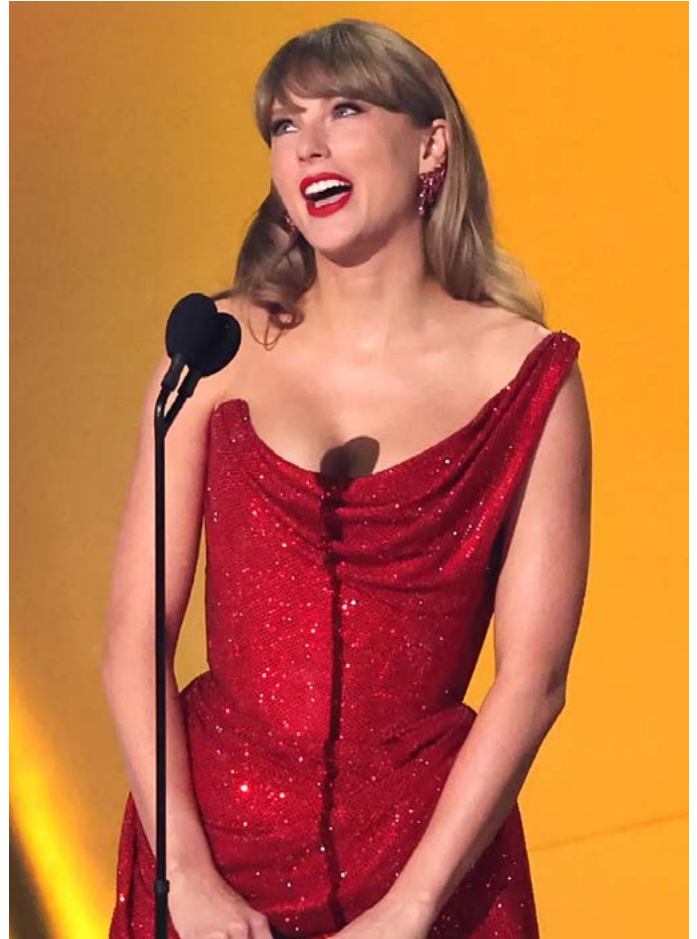
Gardening is a wonderful way to nurture the earth and enjoy the fruits of your labour. These 14 clever gardening tips and ideas offer innovative solutions for both novice and experienced gardeners. From maximizing space to using eco-friendly practices, these techniques will help you create a thriving and beautiful garden that you can take pride in year-round. So, grab your gardening gloves and get ready to dig into a world of green possibilities.





Brad Pitt
December 18, 1963

American actor and producer, Brad Pitt is known for iconic roles in films like *Fight Club*, *Once Upon a Time in Hollywood*, and *Ocean's Eleven*. He has won multiple awards, including an Academy Award for Best Supporting Actor.



Taylor Swift
December 13, 1989

Global pop and country superstar, Taylor Swift is a singer-songwriter celebrated for her storytelling in music. She has won numerous Grammys and is known for albums like *1989*, *Folklore*, and *Midnights*.



Kanye West (Ye)
December 8, 1977

American rapper, producer, and fashion designer, Kanye West revolutionized hip-hop with albums like *The College Dropout* and *My Beautiful Dark Twisted Fantasy*. He is also known for his fashion brand, Yeezy.



Jake Gyllenhaal
December 19, 1980

American actor recognized for his versatility in films like *Brokeback Mountain*, *Nightcrawler*, and *Spider-Man: Far From Home*. He has been praised for his intense performances and dedication to roles.



Aries

(March 21 - April 19)

- General: You're feeling bold and energetic today. Take advantage of this momentum.
- Love: Passion is in the air! A surprise encounter may spark something exciting.
- Career: A leadership opportunity could arise—don't hesitate to step up.
- Finance: Avoid impulse spending; focus on long-term investments.

Taurus

(April 20 - May 20)

- General: Patience is key today. Things may move slowly, but progress is happening.
- Love: A heart-to-heart conversation will bring clarity in your relationship.
- Career: Your hard work is paying off; recognition is coming your way.
- Finance: Stay cautious with spending—save before you splurge.

Gemini

(May 21 - June 20)

- General: Expect a busy and social day! Your charm will attract interesting people.
- Love: If single, a flirtatious

exchange could turn into something meaningful.

- Career: Your creativity is at its peak—use it to solve a lingering issue.
- Finance: Be mindful of unnecessary expenses; budgeting is key.

Cancer

(June 21 - July 22)

- General: Emotions may be intense today—take time for self-care.
- Love: A deep conversation with your partner will strengthen your bond.
- Career: Trust your intuition when making important work decisions.
- Finance: An unexpected expense might arise—be prepared.

Leo

(July 23 - August 22)

- General: Your confidence is magnetic today! Take the lead in social situations.
- Love: Sparks are flying—expect romantic gestures or new admirers.

- Career: Your hard work is finally being noticed; a reward may be coming.

- Finance: Money matters improve, but don't overspend on luxuries.

Virgo

(August 23 - September 22)

- General: A productive day ahead—stay focused on your goals.
- Love: A small misunderstanding may arise, but communication will resolve it.
- Career: You're being watched by higher-ups—show your best work.
- Finance: A practical investment could yield long-term benefits.

Libra

(September 23 - October 22)

- General: Balance is key today—don't overextend yourself.
- Love: Romance is in the air! A new connection could take an exciting turn.
- Career: Collaborations and teamwork will bring success.
- Finance: Be mindful of shared expenses; set boundaries where needed.

Scorpio

(October 23 - November 21)

- General: Trust your instincts—they won't lead you astray.
- Love: Intensity in love—whether good or bad,

emotions run deep.

- Career: Your determination will help you push past any obstacles.
- Finance: A financial opportunity may present itself—analyze before acting.

Sagittarius

(November 22 - December 21)

- General: Adventure calls! A spontaneous plan could lead to great experiences.
- Love: Love is lighthearted today—enjoy the moment without overthinking.
- Career: A new challenge is coming, but you're more than ready.
- Finance: Watch out for impulsive spending—save for future travels.

Capricorn

(December 22 - January 19)

- General: Discipline and hard work pay off—stay committed.
- Love: Stability in love—focus on deepening your emotional connection.
- Career: A promotion or recognition is on the horizon.
- Finance: Practical decisions will lead to financial growth.

Aquarius

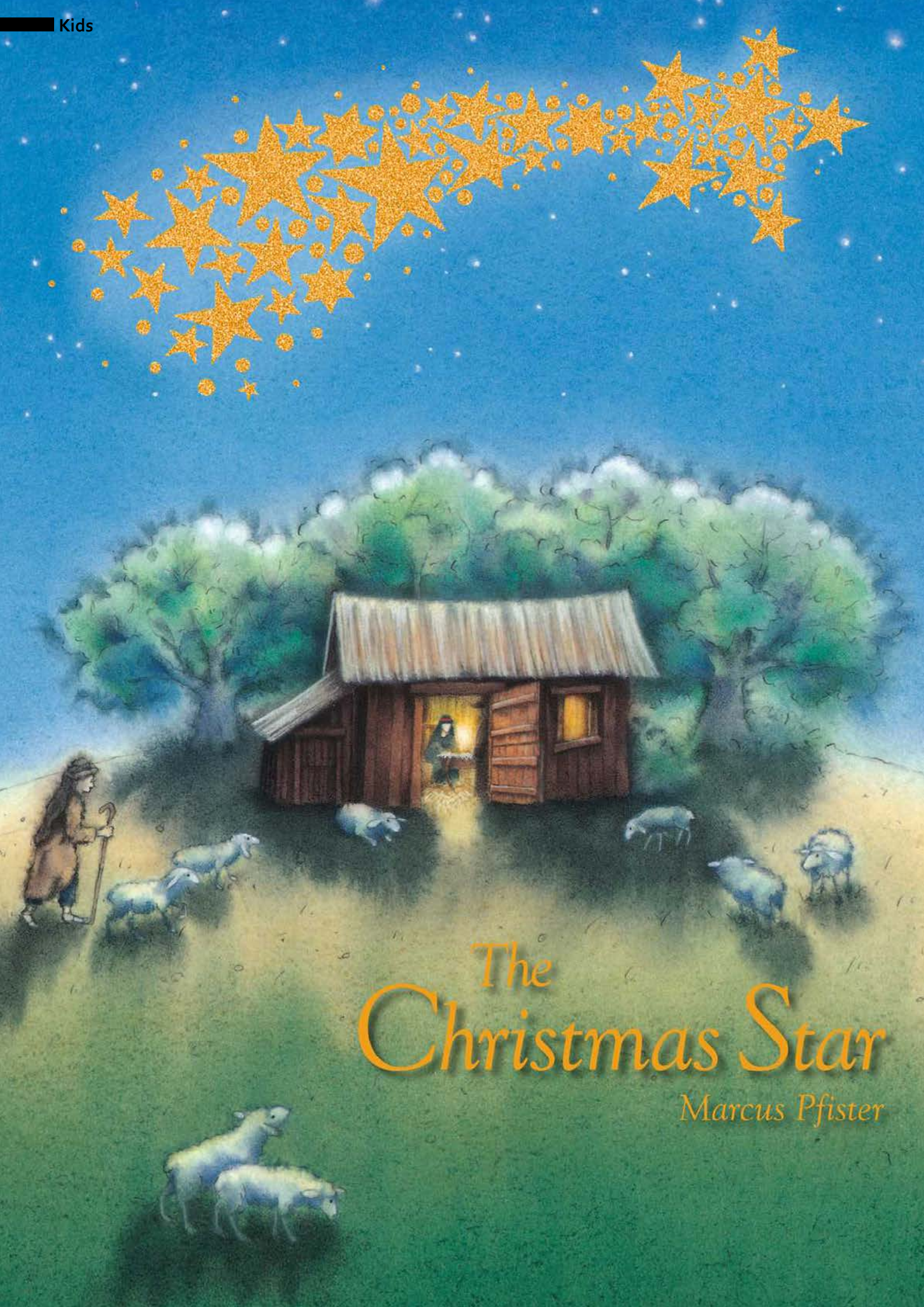
(January 20 - February 18)

- General: Unconventional ideas will bring exciting opportunities.
- Love: Be open to new experiences; someone unexpected may capture your heart.
- Career: Innovation is your strength—use it to impress at work.
- Finance: Keep track of your finances; a smart move now will pay off later.

Pisces

(February 19 - March 20)

- General: Your intuition is strong today—trust it.
- Love: Romance flows naturally; express your feelings without hesitation.
- Career: Creative pursuits will bring satisfaction and success.
- Finance: A small financial gain could surprise you.



The
Christmas Star

Marcus Pfister



It was Christmas Eve in the little town of Snowberry Hills. The streets sparkled with lights, and children giggled as they built snowmen outside their houses. But up in the sky, something was wrong, the big golden Christmas Star that guided Santa's sleigh every year had gone missing!

In Santa's workshop at the North Pole, the elves were in a panic.

"The Star is gone! Santa's sleigh won't find its way!" cried Tinker the elf.

Santa rubbed his beard thoughtfully. "Hmm... I'll need someone brave and clever to find it before midnight."

Just then, a tiny voice piped up.

"I can help!" said Pip the Penguin, waddling forward. Pip was small, clumsy, and always got snow on his beak, but he had the biggest heart at the North Pole.

"Are you sure, Pip?" asked Santa kindly. "It's a big job."

"I'm sure!" Pip said with a determined flap of his wings.

So Santa gave him a little lantern and whispered, "Follow the trail of stardust. Believe in yourself, and the magic will guide you."

Pip slid down snowy hills and waddled across icy rivers until he reached the Forest of Frost, where snowflakes hung like chandeliers. There he met Luna the Fox, who had seen a flash of gold near the mountain peaks.

Together they climbed higher and higher until they reached the Cloudy Mountain, where the wind howled like wolves. At the very top, they found the missing Christmas Star, tangled in a net of icicles!

"Oh no!" cried Pip. "How do we get it out?" Luna smiled slyly. "We work together."

She leapt and twisted the icicles loose while Pip used his lantern's warm light to melt the frozen net. Slowly, the Star began to glow

again, brighter and brighter, until the whole mountain shimmered!

"Quick, Pip!" said Luna. "Take it back before midnight!"

Pip slid down the mountain faster than ever, snow whooshing behind him like a comet's tail. Just as the clock struck twelve, he placed the Star back on top of Santa's sleigh.

The Star shone so brightly it lit up the whole sky, and Santa laughed, "Ho ho ho! You did it, Pip! Christmas is saved!"

As the reindeer leapt into the night, Santa turned and winked.

"This year, I'll call it Pip's Star."

And every Christmas after that, if you look closely, you might see the tiniest penguin-shaped sparkle dancing beside the Christmas Star, reminding everyone that even the smallest helper can make the biggest difference.



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Facebook.com/Hakim Electrical



Plot 14447, Unit 03,
G/west Industrial,
Gaborone

PREGNANCY GLOW:

Safe and Simple Beauty Tips for Moms-to-Be





Pregnancy is a magical journey, but it can also bring challenges for your skin, hair, and overall beauty routine. The good news? With a few safe and simple practices, you can embrace your natural glow while taking care of yourself and your baby.

1. Hydrate for Radiance

Water is your best friend during pregnancy. Staying well-hydrated keeps your skin soft, glowing, and helps prevent stretch marks. Pair your water intake with a gentle, fragrance-free moisturizer to nourish areas prone to dryness like your belly, thighs, and breasts.

2. Sun Protection is a Must

Hormonal changes can trigger melasma, dark patches that appear on your face. Protect your skin with a broad-spectrum SPF 30+ sunscreen, wear a stylish hat, and avoid the sun during peak hours. Your future self will thank you!

3. Nourish from the Inside Out

Your diet impacts your skin more than any cream. Include fruits, vegetables, nuts, and omega-3 rich foods to maintain a natural

glow and support healthy hair and nails. Think colorful plates for colorful skin!

4. Gentle Skincare Only

Opt for mild cleansers and avoid harsh chemicals like retinol, salicylic acid, and hydroquinone, which aren't safe during pregnancy. Natural ingredients like aloe vera, rose water, and coconut oil are perfect for keeping your skin calm and refreshed.

5. Pampering, the Safe Way

Pregnancy is the perfect excuse for a little self-care. Choose nail polishes that are free of harmful chemicals, and indulge in prenatal massages from trained therapists to relax and reduce swelling.

6. Hair Care for Healthy Locks

Hormones can make hair grow faster or shed more than usual. Stick to gentle shampoos, avoid harsh dyes, and treat your hair to nourishing masks like avocado or coconut oil. Your hair can look as radiant as your skin!

7. Beauty Sleep is Non-Negotiable

Quality rest helps combat fatigue and puffiness. Sleep on your side with extra

pillows for comfort, and let your body recharge. Glowing skin starts with restful nights.

8. Embrace Minimal Makeup

Pregnancy is the perfect time to go natural. Use light BB creams, tinted moisturizers, and SPF lip balms. Keep makeup breathable and hypoallergenic to protect sensitive skin.

9. Soothe Stretch Marks Naturally

Moisturize regularly with cocoa butter, shea butter, or vitamin E oil to improve skin elasticity and minimize stretch marks. Daily care makes a difference over time.

10. Celebrate Your Changing Body

The most radiant beauty tip of all? Confidence. Embrace your curves, your glow, and the miracle your body is nurturing. Motherhood brings a unique radiance that no cream or serum can replicate.

Pregnancy is a time to shine, naturally. With these safe beauty practices, you can enjoy the journey while looking, and feeling, your absolute best.

Spreading Joy and Confidence:

Rorisang Destiny Mokgachea's Festive Journey of Empowerment

The festive season is often described as a time of joy, unity, and giving, and for Rorisang Destiny Mokgachea, it became a life-changing celebration of self-expression and empowerment.

"I felt joyful and excited to be part of such a festive and empowering event that brings people together in celebration," Rorisang recalls with a bright smile. Inspired by her love for the Christmas season and its deeper meaning of togetherness and giving back, she decided to join a pageant that celebrated those very values.

"I wanted to be part of something that represents unity, joy, and kindness, while also giving me a chance to express who I am," she says.

The journey to the stage was as enriching as it was unforgettable. Contestants took part in intensive training sessions that focused on building confidence, improving stage presence, and mastering communication skills. "Those sessions really helped us grow, not just as contestants, but as individuals," she shares.

Her favorite moment, however, came under the spotlight. "When I finally walked on stage and saw the audience smiling and cheering, all my nerves disappeared. I felt proud of how far I had come. It reminded me that confidence comes from believing in yourself and embracing who you are."

Throughout the competition, Rorisang channeled the true Christmas spirit, joy, kindness, and love. Her festive-themed outfit, adorned in bright, cheerful colors, perfectly reflected the warmth and happiness of the season. "I wanted everything I did to express the joy of Christmas, from my smile to how I interacted with others. It's a season of love, giving, and joy," she explains.





"To every young person out there, remember that your light matters."

Beyond the glitz of the stage, the experience was filled with personal growth and new friendships. "Interacting with other contestants was one of the best parts. Everyone had their own strengths, stories, and personalities. We celebrated each other's successes and supported one another every step of the way."

Her focus was never solely on winning, but on growth. "I reminded myself that this experience was about learning and becoming a better version of myself. I practiced my walk, posture, and stage presence, but most importantly, I worked on staying positive and confident."

Her message to young girls who dream of stepping onto a pageant stage is heartfelt and powerful: "Believe in yourself completely. You don't need to be perfect, just accept yourself and know that you are enough."

Rorisang plans to use her experience to uplift and inspire others, especially young girls. "I want to share my journey, the challenges, lessons, and successes, to show that believing in yourself can take you far."

For her, Christmas will always be more than lights and gifts. "It's a time of reflection and togetherness, a moment to appreciate family, friends, and the blessings in life. It's also a reminder to give back and spread kindness wherever I can."

In Rorisang Destiny Mokgachea's story, the magic of Christmas shines not just through celebration, but through confidence, compassion, and the courage to embrace who you truly are.

ANGELINA BELLA: THE ART OF TIMELESS ELEGANCE

Inside the World of
Designer Betty Jackson
By Smith the Seam Ripper

Elegance, craft, and quiet confidence shape every creation that comes out of Angelina Bella. At the centre of this celebrated brand is Betty Jackson, a designer whose journey began long before she ever stepped into the fashion industry full-time. Her world of fabric, form, and imagination was born in childhood, at a time when she hand-stitched and reshaped the clothes her parents bought her, transforming them thread by thread into something uniquely her own.

Those early experiments with fit and design planted the seeds of a passion that eventually pulled her into the industry. Today, Betty's work has graced international beauty queens, won bridal design competitions, and appeared in film productions, each milestone sharpening the Angelina Bella aesthetic: timeless, elegant, and modern.

"I'm influenced by powerful women, classic couture silhouettes, and the beauty of simplicity," she says. "But my clients inspire me the most. They bring an energy that pushes my creativity forward."

Crafting Pieces That Outlive Trends

Angelina Bella stands apart because Betty designs for longevity. She crafts garments meant to be worn for years, loved, and passed down, pieces that carry stories. Fast fashion isn't part of her philosophy.





"Every garment is intentional," she explains. "I'm not chasing trends. I reinterpret them in ways that fit my timeless aesthetic."

Her heritage plays a quiet but powerful role in her work, informing her silhouettes, her storytelling, and the strength she weaves into each creation.

Designing With Emotion First

Betty believes the best designs begin with feeling. She listens closely to clients, absorbing their needs before sketching a single line.

"My goal is balance, beauty with purpose," she says. "Understanding a client's vision helps me merge their personality with my signature style."

From initial emotion to sketch, fabric selection, and sculpting on the mannequin or client, her process remains deeply personal and intuitive.

A New Chapter: The Genderless Resort Line

One of Betty's favourite ongoing projects is her genderless resort vacation collection, a fluid, evolving line that changes with the festive season. The collection features a standout fabric she currently loves: a black creased knit.

"It's breathable, seasonless, and transitions beautifully from day to night," she says. "It elevates any silhouette without trying too hard."

Sustainability guides her sourcing decisions. She works with trusted suppliers and creates garments built to last, championing slow fashion over disposable trends.

Growing a Global Identity

Social media has played a pivotal role in expanding Angelina Bella's reach. Instagram and client referrals have brought in customers from beyond her borders, helping her grow as a solo designer, even amid the challenges of balancing creativity with business operations.

When she feels overwhelmed, she steps back and reconnects with the reason she started. Travel, art, and nature often help her reset.

Where Vintage Meets Modernity

Betty's designs dance between eras. She loves merging vintage silhouettes with modern sensibilities, a blend that delivers pieces that feel both familiar and refreshingly new.

As Angelina Bella continues to grow, she hopes to collaborate with global fashion icons who appreciate skill, elegance, and thoughtful craftsmanship.

Her Advice to Rising Designers

"Master your craft, embrace the slow climb, and let your work speak louder than trends. Consistency and authenticity build lasting brands."

Betty Jackson's story is a reminder that true luxury is not loud, it's crafted, refined, and deeply felt. Angelina Bella is more than a brand; it is a legacy in the making.



















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Christmas Interior Design Ideas for December

As December arrives, homes begin to sparkle with the warmth and wonder of the festive season. It's that time of year when twinkling lights, the scent of pine, and joyful décor come together to transform ordinary spaces into enchanting havens of celebration. Whether you prefer a modern minimalist style or a traditional Christmas aesthetic, interior design plays a key role in setting the mood for the holidays.

1. The Power of a Theme

Before diving into decoration, decide on a theme that reflects your personality. Classic red and green never go out of style, but this year's trends also embrace soft neutrals, gold accents, and rustic elements. For a modern twist, try a white-and-silver winter wonderland or earthy tones inspired by nature. A consistent theme throughout your home creates visual harmony and a sense of calm amidst the festive buzz.

2. Festive Corners and Cozy Touches

You don't need to redesign the entire house, small festive touches make all the difference. Drape fairy lights along shelves, place a few ornaments in glass bowls, and bring in cozy textures with throws and cushions. A well-placed Christmas wreath or garland instantly adds seasonal charm to any space. Don't forget the scent, candles with notes of cinnamon, vanilla, and pine help complete the atmosphere.

3. Sustainable Styling

Sustainability continues to shape modern interior design. Reuse and repurpose decorations from previous years, or craft your own ornaments from natural materials like wood, dried oranges, and

twine. This not only adds a personal touch but also keeps the holiday spirit kind to the planet.

4. The Tree as a Centerpiece

No Christmas décor is complete without the tree. Whether you choose a real pine or an artificial one, let it reflect your chosen theme. Layer ornaments in varying sizes and finishes, add ribbons or garlands for texture, and top it off with a statement piece. Surround the base with wrapped gifts to create that picture-perfect festive feel.

5. Dining with Style

The dining area is where memories are made. Elevate your table with elegant dinnerware, seasonal centerpieces, and a sprinkle of sparkle. Think gold cutlery, fresh greenery, and candles to set a warm, inviting mood for Christmas dinners and gatherings.

6. Lighting the Way

Lighting can make or break the festive atmosphere. Mix soft ambient lighting with string lights and candles to create a magical glow. If you have an outdoor area, consider subtle garden lighting or lanterns to extend the festive charm beyond your living room.

Final Touch: Heart and Home

At its core, Christmas décor is about more than aesthetics, it's about emotion. It's the joy of coming home, the laughter of loved ones, and the memories created in beautifully designed spaces. So, as you hang your ornaments and set your table this December, remember that the best design is one that feels like love.



LOVE, LAUGHTER

& LETTING GO:

December Relationship Advice for a Joyful Season



As the final month of the year rolls in, December brings with it a mix of emotions, joy, nostalgia, reflection, and sometimes a hint of pressure. Between the festive lights, family gatherings, and end-of-year responsibilities, relationships can either glow brighter or flicker under stress. Whether you're in a new romance, a long-term partnership, or rediscovering love after a tough season, this is the perfect time to pause and reconnect.

The holidays aren't just about gifts and parties, they're about gratitude, growth, and giving your heart the space to breathe. Here are some heartfelt tips to help couples keep love strong, peaceful, and fulfilling through the festive rush.

1. Communicate with warmth, not pressure

With so many plans filling the calendar, from Christmas dinners to New Year's parties, communication becomes essential.

Misunderstandings can easily arise when one partner feels unheard or overwhelmed. Instead of assuming your partner "should know," speak openly and kindly about what you need.

If you'd rather spend a quiet night in than attend every event, say so. If you're worried about finances or gift budgets, be honest. Healthy communication isn't about being right, it's about being real. This month, choose conversations that build closeness, not tension.

2. Don't measure love by presents

December can tempt us into equating love with how much we spend. But the truth is, the best gifts aren't found in stores, they're created through thoughtfulness. Maybe it's a scrapbook of shared memories, a playlist of songs that remind you of each other, or simply breakfast in bed with a love note. Remember, presence matters more than

presents. It's the little gestures, laughter, and shared experiences that create lasting memories.

3. Make time for just the two of you

The festive season can get hectic, family visits, work events, and social obligations can leave little time for intimacy. Yet, love thrives in quiet moments. Plan a night that's just for the two of you. Watch a favorite holiday movie, take a stroll to see the lights, or cook dinner together.

Even fifteen minutes of uninterrupted time, no phones, no distractions, can do wonders. When you intentionally make space for each other, you remind yourselves why your connection matters.

4. Reflect on your year together

As one year ends and another begins, reflection becomes a powerful bonding exercise. Sit down with your partner and talk



about your shared journey: What challenges did you overcome? What moments made you laugh until you cried? What do you hope to improve or experience next year?

Setting relationship intentions for the new year helps you grow as a team. Maybe it's planning more date nights, improving communication, or supporting each other's dreams. Treat your love like a garden, nurture it with attention, and it will flourish through every season.

5. Handle family gatherings as a united front

The holidays often mean time with family, and sometimes, family drama. Whether it's differing traditions, awkward questions, or old family tensions, these moments can test your patience. The best approach? Remember that you and your partner are a team.

Support each other with subtle cues, humor, and understanding. If one of you feels uncomfortable, check in with a reassuring look or a gentle squeeze of the hand. Love isn't about perfection; it's about partnership, especially when the world feels loud.

6. Celebrate love in all its forms

December isn't only for couples. It's a time to honor all the love in your life — friends, family, and even self-love. The more love you give, the more you receive. Show kindness to others, express gratitude, and appreciate how far you've come this year.

If you're single, focus on self-care and rediscovery. Take yourself out, reflect on your growth, and remember that the right love starts with loving yourself first.

7. Let go and start fresh

The end of the year is also a time for release. Let go of old grudges, disappointments,

or misunderstandings that have weighed your relationship down. Forgiveness doesn't mean forgetting, it means freeing yourself and your partner to move forward without resentment.

When you welcome the new year with an open heart, you create space for deeper connection and peace.

As the lights twinkle and the air fills with the scent of celebration, remember that love is not about grand gestures or perfect moments. It's about showing up, with kindness, honesty, and warmth, even when life gets busy.

This December, choose to love deeply, listen intentionally, laugh loudly, and let go of what no longer serves your heart. Because the greatest gift you can give, and receive, is love that endures through every season.



MICHAEL JACKSON: THE KING WHO REDEFINED POP

Few names in the entertainment world carry the weight and influence of Michael Jackson. Known as the King of Pop, Michael didn't just make music, he changed the way the world experienced it. His journey from a young prodigy to a global icon is a story of talent, innovation, perseverance, and sometimes controversy, but above all, artistry that transcended generations.

Michael Joseph Jackson was born on August 29, 1958, in Gary, Indiana. As the eighth of ten children in the Jackson family, Michael showed exceptional musical talent from an early age. By six, he was performing alongside his brothers in The Jackson 5, and their infectious energy and flawless harmonies quickly captured the attention of Motown Records. Hits like "I Want You Back,"

"ABC," and "I'll Be There" introduced the world to a young performer whose charisma and talent were undeniable. But it was clear that Michael was destined for something even bigger.

In 1979, Michael released *Off the Wall*, a solo album that showcased his unique blend of pop, R&B, and funk. The album's success set the stage for the cultural phenomenon that would follow: *Thriller*. Released in 1982, *Thriller* became the best-selling album in history, producing legendary hits such as "Billie Jean," "Beat It," and the title track itself. The music videos from *Thriller* were revolutionary, turning the short film into a medium for storytelling and dance. Who could forget Michael's iconic moonwalk, first showcased during a live performance of

"Billie Jean"? That single moment changed the way the world danced, and set a standard for performance that artists still strive to reach.

Michael's career wasn't just about breaking records, it was about breaking barriers. He became one of the first black artists to achieve heavy rotation on MTV, paving the way for countless artists of color. Albums like *Bad*, *Dangerous*, and *HIStory* continued to blend infectious pop hooks with socially conscious messages, from personal empowerment to calls for global peace. Hits like "Man in the Mirror," "Black or White," and "Heal the World" showcased his deep desire to make a difference, using his fame as a platform to inspire change.



Offstage, Michael was known for his creativity, perfectionism, and philanthropy. He was a visionary, constantly pushing boundaries in music, video, and fashion. His iconic sequined glove, red leather jackets, and signature fedora became global symbols of style. Equally, he gave generously to charities, supporting causes from children's hospitals to AIDS research, with an estimated hundreds of millions of dollars donated throughout his lifetime.

Despite his immense success, Michael Jackson's life was not without struggle. He faced intense media scrutiny, personal challenges, and public controversies. Yet, through it all, his music and artistry remained untouchable, a testament to his resilience and passion for his craft.

Even after his passing in 2009, Michael Jackson's influence continues to shape the entertainment world. Artists like Usher, Beyoncé, Justin Timberlake, and The Weeknd openly cite him as an inspiration. His songs remain timeless, his performances legendary, and his story a reminder of the extraordinary power of music to unite, inspire, and move the world.

Michael Jackson didn't just entertain, he transformed pop culture. From a small-town prodigy to a global superstar, he showed the world what talent, vision, and determination could achieve. The King of Pop may no longer walk among us, but his music, his moonwalk, and his indelible impact will continue to inspire generations to come.

MAKING THE MOST OF THE CHRISTMAS HOLIDAYS





The Christmas season is a magical time filled with joy, laughter, and togetherness. But for many parents, it can also be one of the busiest and most stressful times of the year, from shopping and cooking to keeping the kids entertained during the school break. With a little planning and creativity, you can make this festive season memorable for your whole family. Here are some simple yet effective tips to help parents navigate the holidays with ease and joy.

1. Plan Ahead and Keep It Simple

Start early with a checklist of everything you need, from gifts and groceries to decorations and travel plans. Avoid last-minute shopping by setting a budget and sticking to it. Remember, the best moments aren't always about big spending; they're about creating meaningful memories.

2. Create Family Traditions

Whether it's baking cookies together, watching classic Christmas movies, or reading holiday stories before bedtime, traditions bring families closer. They also give children something to look forward to every

year, and those moments often become lifelong memories.

3. Balance Rest and Fun

While it's tempting to fill every day with activities, kids (and parents) need downtime too. Balance the excitement of outings with quiet family moments, like board games, storytelling, or cozy nights at home.

4. Involve the Kids

Let your children help with simple tasks such as decorating the tree, wrapping gifts, or setting the table. It makes them feel responsible and part of the celebration, while also teaching teamwork and creativity.

5. Give Back Together

The holidays are the perfect time to teach children about kindness and gratitude. Encourage them to donate old toys, help neighbors, or volunteer at a local charity. Small acts of giving can have a lasting impact.

6. Manage Screen Time

With school out and plenty of free time, it's easy for kids to spend hours on gadgets. Set

healthy boundaries by scheduling outdoor play, creative crafts, or family reading time. Balance technology with real-world interaction.

7. Take Care of Yourself Too

Between cooking, hosting, and entertaining, parents often forget self-care. Make time to rest, reflect, and recharge. A relaxed and happy parent sets the tone for a peaceful holiday home.

8. Focus on Moments, Not Perfection

Don't stress if everything doesn't go as planned, the tree might lean a little, or the cookies might burn, but those are the moments that make Christmas real and fun. What matters most is the laughter, love, and connection shared as a family.

The Christmas holidays are not just about gifts and glitter, they're about togetherness, gratitude, and joy. By keeping things simple, being present, and focusing on what truly matters, parents can create a holiday season their children will cherish forever.



Mint Chocolate Cookies with Mint Frosting

Wonderful mint chocolate cookies with peppermint extract, rich dark chocolate flavor and a delicious, colorful mint frosting. These easy mint chocolate cookies taste just like a peppermint patty! Top with crushed candies and sprinkles for a fun holiday cookie everyone will love.

It's festive season and today I'm bringing back deliciously rich, dark chocolate, minty fresh cookies with a luscious mint frosting! It's the holidays and these mint chocolate cookies are here. to party.

They seriously taste just like a peppermint patty or a mint Oreo. I first made them as mint chocolate sandwich cookies but decided to dial it back a bit with just a frosted cookie. Obviously, feel free to sandwich two of these babies together for an even more epic combo (I won't tell).

What you'll need to make these mint chocolate cookies
We're using regular flour, sugar & butter in these mint chocolate cookies, and the peppermint combo with rich dark chocolate is truly out of this world. Here's what you'll need to make them:

- **Flour:** you'll need regular, all-purpose flour in these cookies.
- **Cocoa powder:** for that rich chocolate flavor, use a high quality, unsweetened cocoa powder.
- **Baking staples:** you'll need baking soda & salt so that the cookies bake properly.
- **Butter:** we'll be adding butter in both the cookies themselves and in the mint frosting.
- **Sugars:** we're using both brown sugar and regular, granulated sugar to sweeten cookies. You'll also need

powdered sugar for the frosting.

- **Eggs:** you'll just need one egg for the cookies.
- **Extracts:** a little vanilla and peppermint extract give these mint chocolate cookies the perfect flavor. You'll add some peppermint extract to the frosting as well.
- **Milk:** feel free to use any milk you'd like to make the frosting nice and creamy.
- **Frosting extras:** I used natural green food dye in half of the frosting and a bit of red food dye for the other half to give it a festive look. This is optional but looks so cute.
- **Toppings:** I love topping these cookies with crushed candy canes, chopped up Andes Mints and red & green sprinkles. A fun activity for the kiddos! Mint chips or mini chocolate chips would also be perfect.



Optional swaps

I'd suggest sticking with the recipe as best as possible, but if you don't have a few ingredients here's what I suggest:

- Feel free to use vegan butter if you'd like to keep these dairy free. Use dairy free milk in the frosting as well.
- Instead of cocoa powder you can also use cacao powder.
- I haven't tested these with a flax egg, but I think it would work just fine!

Can I make these gluten free?

Yes! We tested this recipe using this gluten-free measure-for-measure flour and they turned out perfect.

How to make mint chocolate cookies

1. Prep your pan. Add parchment paper to a large baking sheet and preheat the oven to 350 degrees F.
2. Mix the dry ingredients. In a large bowl combine all of your dry ingredients and whisk until they're well-combined.
3. Beat together wet ingredients. In a stand mixer, start with the butter and sugar until they're smooth and creamy, and then add your egg, vanilla & peppermint extract.
4. Make your dough. Slowly beat the flour mixture into the wet ingredients until just combined and your dough forms. Cover and chill the dough for 30 minutes before baking.
5. Scoop & bake. Scoop about 1 tablespoon of dough with a cookie scoop, and place the dough balls 2 inches apart on your baking sheet. Then bake for 10 minutes.
6. Cool & frost. While your cookies are cooling, make your mint frosting in your electric mixer (this is the natural food dye that I use! I like doing red and green colors). Frost each cookie, top with your fav toppings and enjoy!

The fluffiest mint frosting

You're going to LOVE the flavor of the cool, minty, fluffy frosting on these cookies, e ko go dimo tota. Here are a few tips to ensure success with it:

- First, beat together the butter and powdered sugar for about 1 minute on high until combined.
- Then, add in your peppermint extract and 1 tablespoon of milk (if the frosting needs more moisture).
- Choose red or green food dye (this is the natural dye I use and love!) and beat in a few drops to the frosting. Feel free to adjust as you like if you want them more red or green!
- If you like a creamier frosting, simply add a bit more milk.



Freezer-friendly tips

1. Freeze the dough. To freeze the dough, simply roll it into individual balls and place them on a cookie sheet lined with parchment paper. Chill the dough in the freezer for 30 minutes. Once the cookie dough balls firm up, transfer them to a reusable freezer-safe bag or container for up to 3 months. When ready to bake, simply bake the mint chocolate cookies as directed. You'll likely just need to add a few extra minutes of baking time!

2. Freeze the baked mint chocolate cookies. You can also freeze your baked mint chocolate cookies for later. Wait for them to cool completely, then transfer them to a reusable freezer-safe bag or container lined with wax or parchment paper. I like to place them in a single layer to avoid any cookies breaking. Cookies will keep well for up to 2 months. Once ready to eat, simply thaw out at room temperature and enjoy. You can freeze them with or without the frosting.

Mint Chocolate Cookies with Mint Frosting

Wonderful mint chocolate cookies with peppermint extract, rich dark chocolate flavor and a delicious, colorful mint frosting. These easy mint chocolate cookies taste just like a peppermint patty! Top with crushed candies and sprinkles for a fun holiday cookie everyone will love.

Ingredients

Dry ingredients:

- 2 cups all purpose flour
- 1 cup unsweetened cocoa powder
- 1 teaspoon baking soda
- ¼ teaspoon salt

Wet ingredients:

- 1 cup butter, at room temperature
- 1 cup packed brown sugar
- ¾ cup granulated sugar
- 1 egg
- ½ teaspoon vanilla
- ¼ teaspoon peppermint extract

For the mint frosting:

- ¾ cup butter, at room temperature
- 1 ½-2 cups powdered sugar, depending on how sweet you like your frosting
- ½ teaspoon peppermint extract
- 1-2 tablespoons milk, to make the frosting creamy
- Natural green food dye, to color the frosting
- Natural red food dye, to color the frosting

For toppings:

- Crushed candy canes
- Chopped Andes mints
- Red & green sprinkles

Instructions

1 Preheat the oven to 350 degrees F. Line a



large baking pan with parchment paper.

1 In a large bowl, whisk together the flour, cocoa powder, baking soda and salt.

1 In the bowl of an electric mixer, cream together butter and sugar until light and fluffy, about 1-2 minutes. Next, add in the egg, vanilla extract, peppermint extract and beat again until well combined smooth and creamy; about 30 seconds longer.

1 Add in dry ingredients and mix on medium low until just combined. Cover and chill the dough in the refrigerator for 30 minutes.

1 After chilling the dough, use a cookie scoop to grab about 2 tablespoonsful of dough, then roll dough balls and place on a cookie sheet, leaving at least 2 inches apart from one another.

1 Bake for 10-12 minutes or until edges begin to set and crackle. Remove and allow cookies to cool for 5-10 minutes on the baking sheet before transferring to a wire rack to finish cooling. This is important to help the cookies set up and harden around the edges. Repeat with remaining dough.

1 Once cookies have completely cooled, they are ready for frosting: in the bowl of an electric mixer, add the softened butter and powdered sugar and beat on high for 1 min.

1 To make plain mint frosting: add in

peppermint extract and 1 tablespoon of milk. Beat slowly at first, then increase speed to medium high. Frosting should be nice and creamy, if you want it extra creamy, add another teaspoon of milk and beat again.

1 To make a red and/or green frosting: after beating together the butter, powdered sugar, peppermint extract, and milk, divide the frosting in half between two separate bowls. Add a few drops of green natural food coloring to one bowl, and red food coloring to the other bowl. Whisk the color into each bowl of frosting until well incorporated, adding more drops of food coloring until the desired color is reached.

1 Frost cookies and then sprinkle with toppings of choice: crushed candy canes, chopped chocolate or Andes mints or red & green christmas sprinkles! Up to you. Makes approximately 24 cookies.

Recipe Notes

To make dairy free: feel free to use vegan butter if you'd like to keep these dairy free. Use dairy free milk in the frosting as well. To make gluten free: use this gluten-free measure-for-measure flour instead of regular all purpose flour. I haven't tested these with a flax egg, but I think it would work just fine! See the full post for tips, tricks & freezing instructions!



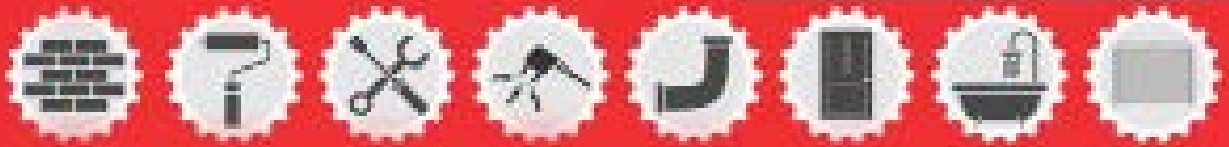
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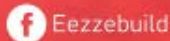
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FITNESS REDEFINED: Building a Stronger You, Mind, Body, and Soul

In today's fast-paced world, fitness is no longer just about lifting weights or chasing the perfect summer body, it's about creating a lifestyle that supports your mental, physical, and emotional wellbeing. From morning jogs to mindful meditation, fitness has evolved into a holistic journey of self-care and self-discipline.

Beyond the Gym Walls

For many, fitness once meant spending endless hours in the gym. But the pandemic and changing lifestyles taught us that health can be achieved anywhere, from home workouts and outdoor runs to dance, yoga, and even chores that keep the body moving. The rise of digital fitness apps, YouTube trainers, and social media challenges has made it easier than ever to stay active without a gym membership.

Fitness enthusiast and trainer Naledi "FitQueen" Maseko explains, "Fitness is about consistency, not location. You can turn your living room into a gym if you have the willpower."

The Mental Game

Exercise isn't just a body thing, it's a brain booster too. Studies show that physical

activity releases endorphins, the "feel-good" hormones that help combat stress, anxiety, and depression. A simple 30-minute walk can improve mood, increase focus, and reset your mind after a long day.

Mental fitness, like meditation and breathwork, has also entered the spotlight. More people are realizing that emotional health is just as important as muscle strength. A strong mind fuels a strong body.

Nutrition: The Fuel You Need

You can't out-train a bad diet, and that's a fact. Eating right is half the battle. Modern fitness isn't about strict diets or starving yourself; it's about balance. Whole foods, lean proteins, fruits, vegetables, and hydration are key to lasting energy and recovery.

Fitness coach Tshepo Molefe adds, "Food is your body's fuel. What you eat determines how well you perform, not just in the gym, but in life."

Staying Consistent

The biggest secret to fitness success? Consistency. Not every day will be perfect, and that's okay. The key is to keep showing up. Even on off days, stretching, walking, or

taking the stairs counts as progress.

Setting small, realistic goals helps too. Whether it's running 2km without stopping, drinking more water, or getting enough sleep, each victory matters.

A Lifestyle, Not a Trend

True fitness isn't a 30-day challenge, it's a lifelong journey. It's about showing up for yourself, respecting your body, and embracing every step of progress. Whether you're doing yoga at sunrise or dancing in your bedroom, remember: movement is medicine.

So, lace up your sneakers, fill up your water bottle, and take that first step. Not because you have to, but because you deserve to feel strong, confident, and alive.

Quick Tips to Stay Fit:

- Drink at least 2 liters of water a day.
- Prioritize sleep — recovery builds strength.
- Find a workout you actually enjoy.
- Celebrate progress, not perfection.
- Surround yourself with positive, health-focused people.





Young Voices, Big Dreams: Botswana's Youth Write Their Way Into the Future

As the year draws to a close, November left behind a heartwarming reminder of what happens when creativity meets purpose. The Young Voices, Big Dreams Project 2025 and the Desire & Ophadile Meet & Greet Weekend painted Botswana with inspiration, laughter, and hope, proving that big dreams truly do start with young voices.

Originally launched in South Africa as the Young Authors Project (YAP), this remarkable literacy and wellness initiative has already helped over 70 young writers become published authors. This year, the movement took a bold step into Botswana, reaching learners from Morula and Ithuteng Primary Schools, and igniting a spark that could shape the next generation of storytellers.

Running from 8th–14th November 2025, the Young Voices, Big Dreams Project offered more than just writing lessons, it

offered empowerment. Through a week of creative writing workshops, book publishing opportunities, emotional wellness sessions, and mentorship, young participants learned that their words carry power, and that their stories deserve to be told.

The project's goal is clear and heartfelt: to raise P35,000 and support at least 10 young authors through a six-month publishing journey. But beyond the numbers lies something deeper, a mission to build confidence, nurture imagination, and give Botswana's youth a platform to dream out loud.

The week kicked off with the lively Desire & Ophadile Meet & Greet Weekend on 8th November at Peter's Place B&B, where the spirit of community filled the air. The event brought together local creatives, small businesses, and wellness brands for a

weekend of connection, collaboration, and celebration. From heartfelt conversations to bursts of laughter and shared inspiration, the Meet & Greet embodied what the project stands for, creativity, unity, and empowerment.

Sponsors, exhibitors, and supporters were invited to join in, helping turn the vision into reality. Together, they are not only helping young people publish books, but also planting seeds of self-belief that will bloom far beyond the page.

As Botswana closes the chapter on 2025 and looks to a new year ahead, the Young Voices, Big Dreams Project stands as a beautiful reminder that every great story starts with courage, and sometimes, all it takes is someone believing that your voice matters. Because in these young authors, the future of Botswana is already writing itself.



Ambassador Shindo Yusuke Celebrated Team Botswana for Outstanding Performance in Tokyo

By: Pauline Kambadipo





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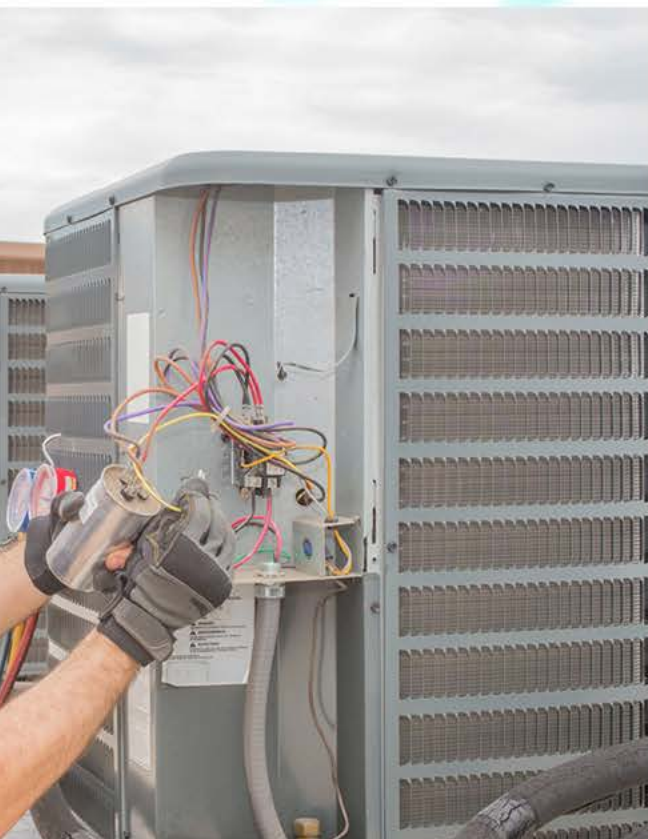
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The Ambassador of Japan to Botswana, His Excellency Shindo Yusuke, honoured Team Botswana for their remarkable achievements at the 2025 World Athletics Championships held in Tokyo, Japan.

The special award ceremony, which took place at the ambassador's residence in Gaborone, brought together government officials, diplomats, and sports representatives who gathered to celebrate Botswana's top athletes for their record-breaking performances on the world stage.

"I would like to congratulate all the members of Team Botswana for their outstanding achievement at the World Athletics Championships in Tokyo. My congratulations also went to Japanese sporting supporters, the Botswana Athletics Association, and the Ministry of Sports and Culture officials who supported them on this journey. The Botswana National Team's performance moved the Japanese people deeply, just as it touched everyone in Botswana. Team Botswana's achievement demonstrated far more than just sporting success, it was a testament to the power of this nation's

greatest resource, its people. It is a powerful truth of this country's immense talent," said Ambassador Shindo during the ceremony.

The event was graced by former President Lt. Gen. Seretse Khama Ian Khama, alongside senior government officials and other dignitaries.

Delivering a vote of thanks, the Minister of Sports and Culture, Honourable Jacob Kelebeng, praised the team for inspiring the nation and reaffirmed Botswana's commitment to sports excellence and international cooperation.

"Your Excellency, your gesture was a symbol of the strong and growing friendship between Botswana and Japan. Our being here tonight showed that sport is an important tool for diplomacy. Allow me to express my deepest gratitude to Team Botswana, you have indeed carried our flag high," said Minister Kelebeng.

In his remarks, the Minister of International Relations, Honourable Phenyio Butale, commended the athletes and coaches for

their relentless dedication, describing their victory as a moment of national pride.

"Allow me to thank you very much, Ambassador Shindo, for seeing it fit to host this reception in honour of our athletes and the entire team that represented us at the World Athletics Championships from the 13th to the 21st of September 2025 in Tokyo. Our athletes made us proud, the world can now see that Botswana is more than just a diamond country, but one filled with immense potential, including in sports. Team Botswana went to Tokyo determined and unfazed by the pressure, becoming the first ever African team to achieve gold in the men's 4x4 relays. We also won gold and bronze medals. I was honoured to propose a toast to Team Botswana and to many more successes to come," said Minister Butale.

Team Botswana's performance in Tokyo positioned the country among the world's athletic powerhouses, a moment that not only celebrated sporting excellence but also strengthened the bonds of friendship between Botswana and Japan.

					
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 KOO PEACH HALVES IN SYRUP 1x1.5kg 33⁹⁹	 KOO PEACH SLICES IN SYRUP 1x1.5kg 149⁹⁹	 ALL GOLD TOMATO SAUCE 1x4.5L 223⁹⁹	 KNORR AROMAT 1x1kg 149⁹⁹	 MANNA STOCK CUBES 1x344g 105⁹⁹
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 CROWN CHILI BITE SWI SPICE 1x1kg 45⁹⁹	 FREDDY HIRSCH CHILI BITE SPICE 1x1kg 37⁹⁹	 FREDDY HIRSCH CHILI BITE SPICE 1x1kg 36⁹⁹	 THOKOMAN PEANUT BUTTER 1x2.75kg 199⁹⁹	 HUGO'S MIXED JAM 1x3.75kg 143⁹⁹
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 ALL GOLD MIXED FRUIT JAM 1x3.2kg 44⁹⁹	 MOORE'S BAKING POWDER 1x500g 36⁹⁹	 ROBERTSONS BAKING POWDER 1x1kg 69⁹⁹	 ROBERTSONS ESSENCE 1x500ml 52⁹⁹	 SELATI SUGAR SACHETS STICK ASSORTED 1x3000x5kg 333⁹⁹	 NESTLE HOT CHOCOLATE POWDER 1x500g 75⁹⁹
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 NESTLE NESPRAY 1x2kg 247⁹⁹	 NESTLE MILO POWDER 1x750g 93⁹⁹	 NESCAFE COFFEE STICKS ORIGINAL 1x200's 325⁹⁹	 NESCAFE GOLD 1x200's 379⁹⁹	 RICOFFY INSTANT COFFEE 1x200's 221⁹⁹
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 FRESHPAK ROOIBOS 1x160's 70⁹⁹	 LAAGER ROOIBOS 1x160's 66⁹⁹	 FIVE ROSES ROOIBOS SELECT ENVELOP 1x200's 435⁹⁹	 FIVE ROSES TEA BAG ENVELOP CATERING 1x200's 376⁹⁹
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 FIVE ROSES TEA BAGS 1x200's 91⁹⁹	 CREMORA CREAMER 1x200's 229⁹⁹	 ELLIS BROWN STICKS 1x200's 197⁹⁹	 RICOFFY COFFEE 1x150g 247⁹⁹
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 SAFARI RAISINS 1x500g 44⁹⁹	 SAMBA PEANUTS & RAISINS 1x500g 36⁹⁹	 ENDEARMINTS CHEWS 1x1kg 99⁹⁹	 SCHWEPES MIXERS ASSORTED 6x200ml 48⁹⁹	 FITCH & LEEDS MIXERS ASSORTED 6x200ml 41⁹⁹
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